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Mafalda Luís de Castro

portuguese nationality | **1.60cm** height

brown eyes | **brown** hair

Training

	Course	Coach Institution
2006	Curso Profisional de Teatro	Escola Profissional de Teatro e Cinema

Theatre

	Project	Director Production
2017	Casa Assombrada	Michel Simeão
2016	Vânia, Sónia, Masha e Spyke	Paulo Sousa
-	O Lobo que Não Sabia Ser Mau	Luis Lobão
-	Aegri Somnia	—
-	O Sr. Puntila e Seu Criado Matti	João Lourenço Teatro Aberto
2011	As Muralhas de Elsinore	Marco Medeiros Palco 13
-	TV Você	Luis Lobão
2009	Fedra	Miguel Graça

Tv

	Project	Role	Production Channel
2025	Lua Vermelha	Isabel	SP Televisão SIC e Opto
2021	Maluda	Rosarinho	Thrust Media RTP
2019	Alguém Perdeu	Leonor Mascarenhas	SP Televisão CMTV
2016	Coração D'Ouro	Raquel	SP Televisão SIC
2012	Louco Amor	Margarida Rocha	Plural Entertainment TVI
2012	Os Abutres	Rita Cordeiro	Plural Entertainment TVI
2012	Maternidade	Natacha	SP Televisão RTP
2010	Lua Vermelha	Isabel Oliveira	SP Televisão SIC
2010	Sedução	Inês Dias	Plural Entertainment TVI
2009	Meu Amor	Helena Nova	Plural Entertainment TVI
2009	Ele é Ela	Marina	Plural Entertainment TVI
2008	Casos da Vida	Ana	Nicolau Breyner Produções TVI
2007	Nome de Código: Sintra	Mariana	Filmes de Fundo RTP
2005	A Escada	Maria	RTP RTP
2003	Ana e os Sete	Marta Villar	Fealmar / Nicolau Breyner Produções TVI
2005	Inspector Max	Marta	Pipoca Entertainment TVI
2002	Um Estranho em Casa	Mafalda	Nicolau Breyner Produções RTP
2001	Olhos de Água	Margarida Leal	Fealmar TVI

Cinema

	Project	Role	Director Production
2022	Duros de Roer	-	Lanterna de Pedra

Languages

Portuguese | English

Skills

Singing | Fencing | Swimming | Rhythmic Gymnastics | Cooking

Mafalda Luís de Castro was born in Lisbon in 1989 and grew up in front of the cameras. At just 11 years old, she made her debut in *Olhos de Água* and never left the world of acting. Since then, she has worked across television, theatre and voice dubbing, winning over generations of audiences. Her character Isabel in *Lua Vermelha* became iconic (especially among younger viewers), but Mafalda never allowed herself to be confined: she moved from soap operas to theatre stages, lent her voice to characters that remain vivid in the memory of many Portuguese people, and has become an active voice in causes related to animal welfare, sustainability and human rights.

Between characters and activism, Mafalda has built a career defined by versatility, but also by authenticity and a close connection with the audience that has followed her from the very beginning.